

INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES



inclusion-glos.org



Travel Training

Helping You Travel with Confidence



Registered Charity Number 1171559

1:1 Travel Training



The Travel Buddy Scheme helps people with disabilities build the skills and confidence to travel independently.

1

Initial Meeting

The Coordinator meets the Trainee to discuss travel training and how it may work for them.

2

Observed journey

The Trainee is paired with a Trainer and the Coordinator joins them for the first trip.

3

Training sessions

The Trainer works with the Trainee until they are confident travelling on their own.

4

Success!

The Trainee can do the journey on their own.

Companion Journey

Support for people who don't think they want to travel independently but could with the support of a companion to attend appointments, events, or social outings (travel support only).

Become a Paid Travel Trainer



Support others to travel independently by helping them navigate trains and buses through **1:1 travel training** or **companion support**.

As a Travel Trainer, you'll make a real difference while earning a wage.

Requirements:

- Must be 18+
- Identify as disabled or experience disabling health conditions
- Live in Gloucestershire

Help someone gain confidence in their travels while getting paid for your support!

Workshops

Group sessions (8+ people) offering practical travel skills and confidence-building.

If you'd like to attend a workshop or if your organisation is interested in hosting one, please get in touch with our coordinator.

How to get involved



inclusion-glos.org

- Email us info@inclusion-glos.org
- Call us 01452 234003
- Complete our application form – Contact us if you need any help with the form.
- We will reach out to discuss the opportunities you're interested in.
- Stay connected – We'll keep in touch and answer any questions you have along the way.



Meet our Project Co-ordinator:



Olivia

For more information, contact

Email: oliviae@inclusion-glos.org