

NHS In The Community

INFORMATION DAY

Drop-in from 11am until 3pm on Sunday 18th May

@ The Hindu Community Centre

64 Swindon Road, Cheltenham, GL50 4AY



INFORMATION STALLS

Browse through a variety of health services, get advice or guidance, and take away free resources!



- * Blood Pressure Checks
- * NHS Vaccinations
- * Social Prescribing
- * Healthy Lifestyles
- * Gloucestershire Carers Hub
- * Cervical Screening
- * Digi-Hub Project
- * Asthma & COPD
- * Proactive Care
- * Diabetic Eye Screening Service
- * Community Diabetes Team
- * Bowel Screening Programme
- * Sue Ryder
- * Healthwatch Gloucestershire

SEMINAR TALKS

Hear from NHS staff across primary, secondary and community care on key health topics (with Gujarati & Sylheti interpreters)



11:00AM to 12:00PM

Dementia Awareness Session

Speaker(s): Sarah Davies, Managing Memory Together

12:00PM to 1:00PM

Diabetes

Speaker(s): Dr. Shanta Nair, GP

1:00PM to 2:00PM

Mental Health in Older Adults

Speaker(s): Dr. Maya Biju, Consultant Psychiatrist & Kath Griffith-Williams, Community Matron & Probjoth Singh, Peer Support Lead



In partnership with:

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CHELTEMHAM
CENTRAL
PCN



Gloucestershire
COUNTY COUNCIL

We are providing free BP checks on the day!
Light refreshments available + families welcome

For more details/queries
email: sana.ikram@nhs.net