



Contact Us:



Call: FREE - 0800 652 5193  
(Monday-Friday, 9am-5pm)



Email: [info@healthwatchgloucestershire.co.uk](mailto:info@healthwatchgloucestershire.co.uk)



Online database: <http://findaservice.healthwatchgloucestershire.co.uk>



Website: [www.healthwatchgloucestershire.co.uk](http://www.healthwatchgloucestershire.co.uk)



Community House  
15 College Green  
Gloucester  
GL1 2LZ

# healthwatch Gloucestershire



healthwatch  
Gloucestershire

citizens  
advice

2gether  
Making life better

2gether  
NHS Foundation Trust NHS

SAMARITANS

NFU

GLOUCESTERSHIRE  
FARMING FRIENDS

FCN  
THE FARMING COMMUNITY NETWORK

AddingtonFund  
a farming charity that means business

R.A.B.I  
Supporting Farming Families

GLOUCESTERSHIRE  
YOUNG FARMERS

## What about you?

Your health and wellbeing is important too.  
Are you part of the farming community?  
Where would you go for information & advice?



Healthwatch Gloucestershire can provide you with information about health and social care services locally to help you make informed choices.

We offer free, confidential guidance and advice. You can look for details yourself on our dedicated database; or call and speak confidentially to one of our advisers, who will help you find the information you need.

We can also put you in touch with other specialist local organisations.

We work in partnership with the following national and Gloucestershire based organisations who can support you and your family:

- Farming Community Network (FCN) - 03000 111 999
- Gloucestershire Farming Friends - 0845 300 6886
- Gloucestershire Young Farmers - 01452 526 032
- National Farmers Union (NFU) - 01392 440 700
- Royal Agricultural Benevolent Institution (RABI) - 0808 281 9490
- Citizens Advice - 03444 111 444
- Addington Fund - 01926 620135

# Ask Us

Healthwatch Gloucestershire is here to help you find answers to questions you have on your health and wellbeing.



We can put you in touch with the right people.

If you are feeling low and need someone to talk to, call:

**'Let's Talk' 0800 073 2200**



Or

**Samaritans 01452 306 333**  
**Freephone: 116 123**

