



April

STROUD OLDER PEOPLE'S COMMUNITY HUB

NOW ON
TWO PAGES

SOME ACTIVITIES NEED PRIOR BOOKING. FOR MORE INFORMATION PLEASE PHONE 758420 OR EMAIL uplandscareSERVICE@gmail.com FOR MUSEUM PLEASE ENQUIRIES PLEASE PHONE 763394
If you would like your activities and events included in the calendar please email dilysatgopa@aol.com

UPLANDS

MEMORY CLUB

in the All Saints Centre,
Uplands at 2.00 pm on
Thursday 20th April.



The purpose is to encourage improvement of memory skills through music and song. Please phone **01453 758420** for more information.

STROUD LOCAL HISTORY

SOCIETY- An invitation to the next Stroud Local History Society meeting on

Thursday 20th April 2017 St Laurence Church Hall at 7.30pm

From Oil Mill to Snow Mill by Marion Hearfield



Snow in April? Well it has been known, but for Stroud Local History Society's April meeting the snow is guaranteed.

Some members of the Society were given a private tour of the Mill last summer. This talk will bring everyone else up to date with the story of the old mill, and the very different story of what is happening there now.

Non-members always welcome - £3.50 on the door

www.stroudlocalhistorysociety.org.uk

contact@stroudlocalhistorysociety.org.uk

THE UPLANDS GOOD COMPANIONS

We meet every Wednesday at 2.00pm in the All Saints' Centre, Uplands for friendship, informal talks and social activities and a cup of tea. Advance Booking for visits is necessary. Please ring **01453 758420** for more details



APRIL

- 5 Group Discussion the Use of Fossilised Words**
- 12 Quiz with Bring and Buy**
- 19 Vera Lynn Tribute, Sing Along with Pat**
- 26 Group Discussion British Values or Personal Values**

MAY

- 3 Outing to Prinknash for a Cream Tea**

Please come along.

Gentle Park Walks 2017

on Friday April 7th and 21st. We will meet at 10.30am for coffee at the Museum in the Park, Stratford Park, Stroud GL5 4AF. Walks start 11am.

For more information phone Chris or Emma at Fair Shares: 01453 706555

MUSEUM IN THE PARK

01453 763394

Advance booking and payment is necessary for all events, please call us on 01453 763394 or ask at reception during your next visit.

FRIENDS EVENT

Lecture with Sir Henry Elwes:
Snowdrops at Colesbourne Park

Saturday 01/04/2017 2pm COST: **£7.50/**

£5 Friends

Sir Henry will talk about the renowned snowdrop collection at Colesbourne Park and how it was started. **Booking necessary.**

TALK

with Ian Mackintosh

Thursday 06/04/2017 2pm COST: **£5**

For our final talk of the season, we invite Ian Mackintosh as he looks at the story of Stanley Mill, one of the area's many woollen mills.

FREE EXHIBITION

Anglia Textile Works Spring Exhibition

Sunday 23/04/2017 COST: **Free**

This will include two specially made works, one inspired by Laurie Lee's 'Cider with Rosie' and another on the theme of 'red', to reflect Stroud's tradition of making cloth for soldiers' uniforms. www.angliatextileworks.co.uk

(see more over the page)

MUSEUM IN THE PARK 01453 763394

Advance booking and payment is necessary for all events, please call us on 01453 763394 or ask at reception during your next visit.

EXHIBITION

Sue Brown Foyer Installation:
Letters Home

To Sunday

4/06/2017 COST: **Free**

The latest in Sue's World War One Artist in Residence series. This installation will take inspiration from the Museum's collection of letters and postcards received in the Stroud District by the friends and families of the men away at war.

TALK

Talk with Cherry Vernon-Harcourt: Norfolk Inspiration

Sunday 23/04/2017 2pm COST:

£7/£5 Museum Friends

The Anglia Textile Works exhibition programme ends with a fascinating illustrated talk by Cherry Vernon-Harcourt. Come and hear about her current quilting projects and how she is inspired by the landscapes of Norfolk.

Booking necessary, please call on 01453 763394.

WALK

Paul Rutter Spring Tree Walk
Sunday 30/04/2017 2pm - 4pm

COST: **£3.50** This guided tour will look at the fine collection of trees from around the world, in Stratford Park. We shall explore how trees grow, the chemistry inside a tree and look at the differences between one tree and another.

Booking necessary, please call on 01453 763394.

The Uplands Care Service is open on Tuesdays, Thursdays and Fridays

At The All Saints' Centre
Upper Springfield Road, Up-
lands, Stroud, Glos GL5 1TF

OUR NEW ASSISTED BATHING PROGRAMME

is on Wednesdays between
11 am and 4pm.

Please ring 01453 759388 to
find out more information or
visit our website on

www.uplandscare.service.org.uk

A Men's Group (Fair Shares)

meets at The Old Crown Pub, Park End,
Paganhill, Stroud GL5 4AZ on 11th and
25th April between 2.30pm-4.30pm.

They meet for a drink, a chat, play cards
or other games and to make new
friends. For more details phone Emma
on 01453 706555

STROUD CHESS CLUB

meets each Tuesday at the
Black Book café, 1 Nelson
Street at 7.30 Contact Adrian
Walker on 07895 683 290

TAI CHI QI GONG – In the Maypole Hall, Paganhill
(next to Post Office) Claire Bader's classes meet every Tuesday
at 2.00 pm and every Thursday at 10.30 am. For more details
phone Claire on 01453 886953 or 07786 003993



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SHELTERED HOUSING ACTIVITIES

'MOVE IT OR LOSE IT' -
keep fit at GRANGE VIEW
every Monday at 2.30pm
(cost is £2 per session)

FREE CRAFT AND CHAT'
SESSIONS

AT GROVE PARK every
Wednesday at 2.00

AT SHERBORNE HOUSE every
Wednesdays at 10am

AT ARKELL CENTRE on Fridays at
2pm. (Not in school holidays)

FOR MORE INFORMATION please
phone 01453 754559 or just turn up.

